Grade 5 Reproductive Health

Grade 5 Reproductive Health: In this unit, students will learn about the physical and emotional changes that occur during puberty, the functions of the male and female reproductive systems, and how to identify accurate and inaccurate sources of information about puberty and development. They will also learn about the dangers of communicating with unknown individuals, the impact of stereotyping and discrimination on other people's self-respect and feelings, and how societal influences can impact behavioral choices and feelings regarding one's reproductive health. Finally, they will learn how to deconstruct media messages as they relate to their influence on perceptions of desirable body sizes and shapes.

Lesson	Topics	Healthful Living Essential Standard	Learning Objective
1	"What is Puberty?"	5.ICR.2 Analyze the changes and influences that occur during puberty and adolescence.	5.ICR.2.1 Recall that puberty is characterized by the development of secondary sex characteristics and the onset of reproductive capacity.
2	Male & Female Body Changes Part I	5.ICR.2 Analyze the changes and influences that occur during puberty and adolescence.	5.ICR.2.1 Recall that puberty is characterized by the development of secondary sex characteristics and the onset of reproductive capacity. 5.ICR.2.2. Differentiate between accurate and inaccurate sources of information about puberty and development. 5.ICR.2.3 Summarize the functions of male and female reproductive systems.
3	Male & Female Body Change Part II	5.ICR.2 Analyze the changes and influences that occur during puberty and adolescence.	5.ICR.2.1 Recall that puberty is characterized by the development of secondary sex characteristics and the onset of reproductive capacity. 5.ICR.2.2. Differentiate between accurate and inaccurate sources of information about puberty and

			development. 5.ICR.2.3 Summarize the functions of male and female reproductive systems.
4	Media & Societal Influences	5.ICR.1 Understand healthy and effective interpersonal communication and relationships. 5.ICR.2 Analyze the changes and influences that occur during puberty and adolescence.	5.ICR.1.1 Illustrate the dangers of communicating with unknown individuals. 5.ICR.1.3 Explain the impact of stereotyping and discrimination on other people's self-respect and feelings. 5.ICR.2.4 Illustrate how societal influences can impact behavioral choices and feelings regarding one's reproductive health. 5. ICR.2.5 Deconstruct media messages as they relate to their influence on perceptions of desirable body sizes and shapes.
5	Circle of Influence	5.ICR.2 Analyze the changes and influences that occur during puberty and adolescence.	5.ICR.2.4 Illustrate how societal influences can impact behavioral choices and feelings regarding one's reproductive health. 5.ICR.2.5 Deconstruct media messages as they relate to influence on perceptions of desirable body sizes and shapes.

Grade 6 Reproductive Health

Grade 6 Reproductive Health: In this unit, students will learn about the challenges associated with the transition to puberty and adolescence, including changes in social relationships, and the impact of early sexual activity outside of marriage on their physical, mental, and social health. They will learn about the responsibilities of parenthood, the relationship between conception and the menstrual cycle, and how to report sexual harassment and bullying. They will also learn about the importance of seeking help from family, school, and community resources if they need it

Lesson	Topics	Healthful Living Essential Standards	Learning Objectives
1	Common signs of puberty	6.ICR.3 Understand the changes that occur during puberty and adolescence.	6.ICR.3.1 Identify the challenges associated with the transitions in social relationships that take place during puberty and adolescence.
2	Physical, Social, and Emotional Changes During Puberty	6.ICR.1 Understand healthy and effective interpersonal communication and relationships. 6.ICR.2 Apply strategies and skills for developing and maintaining healthy relationships.	6.ICR.2.1 Explain the impact of early sexual activity outside of marriage on physical, mental, emotional, and social health. 6.ICR.2.2 Summarize the responsibilities of parenthood. 6.ICR.3.1 Identify the challenges associated with the transitions in social relationships that take place during puberty and adolescence.
3	Common Concerns Boys Have About Puberty	6.ICR.3 Understand the changes that occur during puberty and adolescence.	6.ICR.3.1 Identify the challenges associated with the transitions in social relationships that take place during puberty and adolescence.
4	Common Concerns Girls Have about Puberty	6.ICR.3 Understand the changes that occur during puberty and adolescence.	6.ICR.3.2 Summarize the relationship between conception and the menstrual cycle.
5	Social Media Influence on Teen Body Image	6.ICR.2 Apply strategies and skills for developing and maintaining healthy relationships.	6.ICR.2.4 Use resources in the family, school, and community to report sexual harassment and bullying.

Grade 7 Reproductive Health

Grade 7 Reproductive Health: In this unit, students will learn about sexually transmitted diseases (STDs), including HIV and HPV. They will learn about the different ways STDs can be transmitted, the symptoms of STDs, the effects of STDs if left untreated, and the methods of preventing STDs. Students will also learn about the positive benefits of abstinence from sexual activity outside of marriage, such as reducing the risk of STDs, unplanned pregnancy, and the physical, social, and emotional toll it can take on a teen. They will also learn about how culture, media, and family values can influence decisions about abstinence."

Lesson	Topics	Healthful Living Essential Standards	Learning Objectives

1	Sexually Transmitted Diseases	7.ICR.3 Apply strategies that develop and maintain reproductive and sexual health.	7.ICR.3.1 Recognize common STDs (including HIV and HPV), modes of transmission, symptoms, effects if untreated, and methods of prevention.
2	Common Sexually Transmitted Diseases	7.ICR.3 Apply strategies that develop and maintain reproductive and sexual health.	7.ICR.3.1 Recognize common STDs (including HIV and HPV), modes of transmission, symptoms, effects if untreated, and methods of prevention.
3	Abstinence Benefits	7.ICR.2 Remember abstinence from sexual activity outside of marriage is a positive choice for young people.	7.ICR.2.2 Identify the positive benefits of abstinence from sexual activity outside of marriage.
4	Negative Outcomes of Having Sex Early	7.ICR.2 Remember abstinence from sexual activity outside of marriage is a positive choice for young people.	7.ICR.2.1 Explain the effects of culture, media, and family values on decisions related to becoming or remaining abstinent. 7.ICR.2.2 Identify the positive benefits of abstinence from sexual activity outside of marriage.
5	Sexual Harassment Sexual Assault	7.ICR.3.3 How to recognize that sexual harassment may contribute to sexual abuse, sexual assault, and sex trafficking and feelings that result from these behaviors. 7.ICR.3.4 How to use strategies to be safe, reject inappropriate or unwanted sexual advances, and to report incidents to an adult when assistance is needed.	7.ICR.3.3 Recognize that sexual harassment may contribute to sexual abuse, sexual assault, and sex trafficking and feelings that result from these behaviors. 7.ICR.3.4 Apply strategies to be safe, reject inappropriate or unwanted sexual advances, and to report incidents to an adult when assistance is needed.

Grade 8 Reproductive Health

Grade 8 Reproductive Health: In this unit, students will learn about the importance of abstinence from sexual activity outside of marriage. They will learn about the health, legal, financial, and social consequences of adolescent and unintended pregnancy and the advantages of delaying parenthood. They will also learn about the different methods of FDA-approved contraceptives and how to evaluate them in terms of their safety and effectiveness in preventing unintended pregnancy.

Lesson	Topics	Healthful Living Essential Standards	Learning Objectives
1	Abstinence Skills	8.ICR.2 Remember that abstinence from sexual activity outside of marriage means a positive choice for young people.	8.ICR.2.1 Recall abstinence as voluntarily refraining from intimate sexual behavior that could lead to unintended pregnancy and disease. 8.ICR.2.2 Recall skills and strategies for abstaining from sexual activity outside of marriage. 8.ICR.3.3 Select family, school, and community resources for the prevention of sexual risk-taking through abstinence and safer sex practices.
2	Teen Pregnancy	8.ICR.3 Analyze strategies that develop and maintain reproductive and sexual health.	8.ICR.3.1 Explain the health, legal, financial, and social consequences of adolescent and unintended pregnancy and the advantages of delaying parenthood.
3	Responsibilities of Parenthood	8.ICR.2 Remember that abstinence from sexual activity outside of marriage means a positive choice for young people.	8.ICR.3.1 Explain the health, legal, financial, and social consequences of adolescent and unintended pregnancy and the advantages of delaying parenthood.
4	Cost of Raising a Child	8.ICR.2 Remember that abstinence from sexual activity outside of marriage means a positive choice for young people.	8.ICR.3.1 Explain the health, legal, financial, and social consequences of adolescent and unintended pregnancy and the advantages of delaying parenthood.
5	FDA Approved Contraceptives	8.ICR.3 Analyze strategies that develop and maintain reproductive and sexual health.	8.ICR.3.2 Evaluate methods of FDA-approved contraceptives in terms of their safety and their effectiveness in preventing unintended pregnancy.

Grade 9 Reproductive Health

Grade 9 Reproductive Health: In this unit, students will learn about the importance of making safe and informed decisions about their reproductive health. They will learn about the different methods of preventing sexually transmitted diseases (STDs) and unintended pregnancy, as well as the risks associated with early and unprotected sexual activity. Students will review how power and control in relationships can contribute to aggression, violence, and sex trafficking. Additionally, students will learn about the principles of healthy dating, how to identify and prevent sexual assault and abuse, and how to access resources for help.

Lesson	Topics	Healthful Living Essential Standard	Learning Objective
1	Abstinence & Negative Outcomes of Early Unprotected Sex	9.ICR.2 Evaluate abstinence from sexual intercourse as a positive choice for young people.	9.ICR.2.1 How to critique skills and strategies that are used to promote abstinence from sexual activity in terms of effectiveness. 9.ICR.2.2 How to explain the consequences of early and unprotected sexual behaviors.
2	Sexual Harassment & Sexual Assault	9.ICR.1 Understand healthy and effective interpersonal communication and relationships.	9.ICR.1.4 Summarize principles of healthy dating. 9.ICR.3.1 How to contrast the myths, misconceptions, and stereotypes pertaining to sexual assault and sexual abuse with what is known based on law and research. 9.ICR.3.2 How to design safe plans for the prevention of sexual assault and abuse that include appropriate resources and needed skills.
3	Human Trafficking & Safety Tips to Help Protect You from Traffickers	9.ICR.3 Create strategies that develop and maintain reproductive and sexual health.	9.ICR.1.5 Explain how power and control in relationships can contribute to aggression, violence, and sex trafficking. 9.ICR.3.2 How to design safe plans for the prevention of sexual assault and abuse that include appropriate resources and needed skills.

4	Sexually Transmitted Diseases & Common Sexually Transmitted Diseases	9.ICR.3 Create strategies that develop and maintain reproductive and sexual health.	9.ICR.3.3 How to illustrate skills related to safe and effective use of methods of STDs as well as access to resources for testing and treatment.
5	FDA-Approved Contraceptives & Teen Pregnancy	9.ICR.3 Create strategies that develop and maintain reproductive and sexual health.	9.ICR.3.4 How to exemplify decision-making skills and problem-solving regarding safe and effective use of methods to prevent unintended pregnancy. 9.ICR.3.5 How to summarize preventable risks for subsequent pregnancies including induced abortion, smoking, alcohol consumption, the use of illicit drugs, and inadequate prenatal care.